|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **DRINK****DIARY** | **What did I drink?** | **How much?** | **Where?** **Who with?** | **Units?** | **Cost?** | **Any learning?** |
| MON |  |  |  |  |  |  |
| TUE |  |  |  |  |  |  |
| WED |  |  |  |  |  |  |
| THUR |  |  |  |  |  |  |
| FRI |  |  |  |  |  |  |
| SAT |  |  |  |  |  |  |
| SUN |  |  |  |  |  |  |