

### Steps to achieving my goals

**Goal 1** .....

On a scale of 1-10 where am I now in reaching this goal?

Where 0 = nowhere and 10 = I've reached my goal

0	1	2	3	4	5	6	7	8	9	10
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What one thing will help me move one step closer to this goal?

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**Goal 2** .....

On a scale of 1-10 where am I now in reaching this goal?

Where 0 = nowhere and 10 = I've reached my goal

0	1	2	3	4	5	6	7	8	9	10
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What one thing will help me move one step closer to this goal?

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**Goal 3** .....

On a scale of 1-10 where am I now in reaching this goal?

Where 0 = nowhere and 10 = I've reached my goal

0	1	2	3	4	5	6	7	8	9	10
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What one thing will help me move one step closer to this goal?

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